

JANE GILLESPIE

Media Kit 2008



“Life is a great big canvas. Throw all the paint on it you can.”
(Danny Kay)

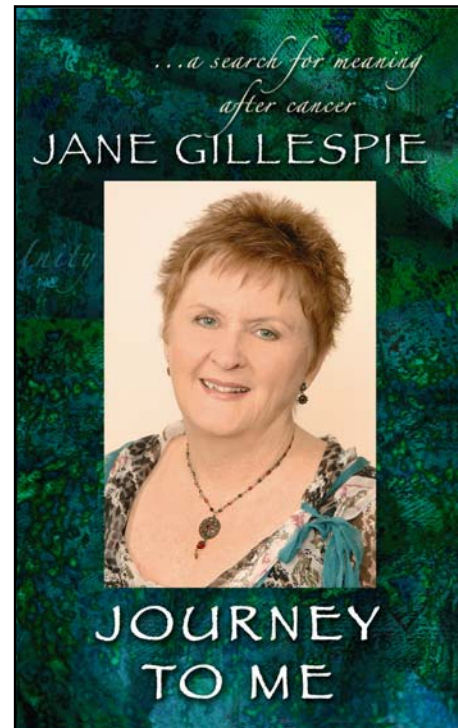
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About Jane Gillespie

Jane Gillespie wrote her first book, 'Journey to Me', to help her make sense of her cancer experience and ensuing search for a new life.

In addition to surviving cancer, her life experience includes infertility, adopting two children, the birth of her natural child (who is disabled) and divorce.

As a writer, speaker and counsellor, Jane uses a holistic approach to healing. She has developed the 'Journey to Me' program as a way to help other women find more balance in their lives.



Jane graduated from the College of Holistic Counselling (now the Hammond Institute), Sydney, Australia in 1997 and later gained a certificate in clinical hypnotherapy from the NSW School of Hypnotic Sciences. She is an experienced counsellor and group facilitator, helping people to find ways of managing grief, loss and change in their lives. Since 1998 she has facilitated support groups and retreats for cancer patients and their families through the Life Force Cancer Foundation (www.lifeforce.org.au). She is also an authorised marriage celebrant (www.life-celebrations.com.au).

Jane's Vision

To make a beneficial difference in people's lives

Jane's Mission:

To inspire people to believe that it is never too late to change their lives for the better.

What People Say About Jane



"Working with Jane as the facilitator of a support group I attended helped me find peace in my life. I have terminal cancer, but I'm no longer afraid to die and am now determined to live every day that I have left." *Liz M*

"I have had the pleasure over the past several years of hearing Jane make presentations to groups about her own cancer experience and her work with Life Force. No two presentations have ever been exactly the same in content. Jane always manages to bring new dimensions to her story in a very real, warm and heartfelt way. Each time I learn something new about her and also take away another thought to ponder about what it can be like for those who go through such a confronting and challenging experience." *Pamela J*

"I am sure that many people with cancer will find Jane's book, 'Journey to Me', to be a valuable resource; it shows that they are not alone. She demonstrates how it is possible to find a way through the darkness and seemingly insurmountable barriers." *Prof M Friedlander, Dept of Medical Oncology, Prince of Wales Hospital*

"Jane's presentations taught me so much about how to communicate usefully with the palliative care patients I work with." *JC*

"At an extremely stressful time in my life, a few hypnotherapy sessions with Jane helped me to obtain a high distinction in exams for further qualifications in my profession. I was also able to lose weight before trying to fall pregnant - I lost 8 kg over four months. A year later I gave birth to a beautiful healthy baby boy. Thank you Jane!" *Annie*

"I am an adult adoptee. Jane's compassion for my dysfunctional behaviour and validation of the trauma I suffered by losing my birth mother has helped me to heal my relationship with my adoptive parents." *Kerrie*

"You being part of the workshop was exactly what I needed. You have such a loving and kind energy and I really felt buoyed by your presence. So, thank you. I am sure we will have opportunities to work and grow together in the future. You are lovely!" *Rachel*

Contact

To contact Jane Gillespie for an interview or speaking engagement:

1. Phone:
+61 (0)2 9908-1702

2. Email:
jane@journey-to-me.com

Note: Jane lives in Sydney Australia, so allow for time differences if you are calling from overseas. Please be sure to tell her where you are calling from, if you are not in Australia.

Jane will contact you within 24 hours to answer your questions and provide more information.

She looks forward to being of service to you.